MARSHLAND RURAL DISTRICT

# Annual Report

OF THE

## Medical Officer of Health

FOR THE

Year 1948

C. T. DARWENT, L.R.C.P., L.R.C.S., D.P.H.

### MARSHLAND RURAL DISTRICT COUNCIL

#### MEMBERS OF THE PUBLIC HEALTH COMMITTEE:-

The Chairman (Mr. W. G. Davis, J.P.), The Vice-Chairman (Mr. W. J. Burman) and the full Council.

## Public Health Officers of the Local Authority:-

#### Medical Officer of Health-

C. T. DARWENT, L.R.C.P., L.R.C.S., D.P.H.

also holds appointments of

Assistant County Medical Officer of Health.

Assistant School Medical Officer.

Medical Officer of Health, Downham Market Urban District Council.

Medical Officer of Health, Downham Rural District Council.

Chief Sanitary Inspector-J. T. DEWHURST, C.R.S.I., M.S.I.A.

Additional Sanitary Inspector—B. V. BRAYBROOK, C.R.S.I., A.M.S.E.

## TO THE CHAIRMAN AND MEMBERS OF THE RURAL DISTRICT

#### COUNCIL OF MARSHLAND

Mr. Chairman and Gentlemen,

I have the honour to present for your consideration the Annual Report on the health of the District for the year ended the 31st December, 1948. The report is drawn up on the lines suggested in the various circulars issued by the Ministry of Health.

The vital statistics may be regarded as satisfactory.

The number of births is decreased by 52 as compared with the previous year—but this is compensated for by a fewer number of deaths (75) for the same period. Apart from a slight increase in the number of cases of measles notified during the year—the incidence of zymotic diseases remains at a low level.

The coming into force of the National Health Service Act, 1946, with effect from the 5th July, 1948, has resulted in certain functions, for example Diphtheria Immunisations, being transferred to the Norfolk County Council.

To implement the various sections of the Health Service Act, a County Council Local Health Office has been established at Downham Market to cover the areas of Downham R.D., Downham U.D., and Marshland R.D., and a County Local Health Sub-Committee has been formed, which includes members from each of the District Councils.

In accordance with the terms of Ministry of Health circular No. 140/48 copies of notifications of infectious diseases are forwarded by the District Council to the Local Health Office, and as a result the fees for notifications payable to the General Practitioners by the District Councils are re-imbursed by the County Council.

I wish to acknowledge with gratitude the assistance afforded me by the executive officers of the Council.

I have the honour to be,

Your obedient servant,

C. T. DARWENT,

Medical Officer of Health.

## SUMMARY OF VITAL STATISTICS—1948.

AREA (acres	N, 193 194	8 (Estima	ated)		•••	56,562 15,350 16,370	
Number of separate Rateable value of Ru Product of 1d. Rate	ural Dis	strict 194	ied 1948 8	•	• • •	£39 £10	4852 9,545 65:0:0
LIVE BIRTHS.	Total	Male	Female	1947	te 1948	E. & W.	County
Legitimate Illegitimate	302	150 7	152				
Totals	324	157	167	23.02	19.7	17.9	17.41
				R	ate		
STILLBIRTHS.	Total	Male	Female	1947	1948	E. & W.	County
Legitimate Illegitimate	5	1	4				
Totals	5	1	4	0.42	0.30		
							6
DEATUS (all agusos)	Total	Male	Female	R: 1947	ate 1948	E. & W.	County
DEATHS (all causes)	Total 129	Male 63	Female 66			E. & W.	County 11.2
DEATHS (from Puerr Puerperal and post a	129  Deral Cabortive	63 Causes).		1947 12.4	7.8	10.8	11.2 Nil
DEATHS (from Puer)	129  Deral Cabortive ses	63 Causes). e sepsis	66	1947 12.4	7.8	10.8	11.2
DEATHS (from Puerr Puerperal and post a Other puerperal cau	129  Deral Cabortive ses	63 Causes). e sepsis	66	1947 12.4 	7.8	10.8	11.2 Nil
DEATHS (from Puerr Puerperal and post a Other puerperal cau	129 Deral Cabortive ses	63  Causes). e sepsis per 1,00	66  DO live B	1947 12.4 	7.8	10.8	11.2 Nil
DEATHS (from Puerp Puerperal and post a Other puerperal cau INFANT MORTALITY—	129 Deral Cabortive ses -rate p	63 Causes). e sepsis per 1,00	66  DO live B	1947 12.4 	7.8 y	10.8	11.2 Nil

#### Section A.

## NATURAL AND SOCIAL CONDITIONS.

AREA (acres)

56,562

POPULATION. The estimated mid-year population 16,370.

DEATHS. The total number of Deaths assigned to the District by the Registrar General, after adjustment for inward and outward transfers is 129 as compared with 204 for 1947. The recorded death rate is 7.8 as compared with 12.4 for 1947.

BIRTH RATE. The number of live births assigned to the District is 324 as compared with 376 for 1947. The number of registered births is equivalent to 19.7 per 1,000 of the population.

STILLBIRTHS. The number of stillbirths registered is 5 compared with 7 for 1947.

#### MATERNAL MORTALITY. NIL.

INFANT MORTALITY. Six (6 legitimate and Nil illegitimate) infants under 1 year of age died during 1948 as compared with 23 in 1947. This is very satisfactory.

Deaths under 1 year per 1,000 live births:

Marshland Rural District 18.5 England and Wales 34 Administrative County 31.61

NEONATAL MORTALITY. Infants who died within 28 days of independent existence are classified as Neonatal deaths and as such are included in the Infant Mortality rate.

#### Section B.

#### GENERAL PROVISIONS OF HEALTH SERVICES.

#### LABORATORY FACILITIES.

The laboratory work associated with the diagnosis and control of infectious diseases and the bacteriological examination of water supplies is carried out by the Emergency Public Health Laboratory, Norwich.

#### DIPHTHERIA ANTITOXIN.

In accordance with the provisions of the Diphtheria (outside London) Order 1910, a supply of Antitoxin was available free of charge to Medical Practitioners for use in the district, by applying direct to the Health Department, Rural District Council Offices, Wisbech.

#### AMBULANCE FACILITIES.

Marshland Rural District is a constituent Authority of the Wisbech Borough, Wisbech and Marshland Rural District Councils' Joint Ambulance Committee, which has two Ambulances, one for infectious diseases and one for ordinary cases.

#### HOSPITALS.

North Cambridgeshire Hospital, Wisbech.

Accommodation for Infectious Disease cases—Wisbech Isolation Hospital, Wisbech.

#### DAY NURSERY.

This is situated at Emneth and is administered by the County Education Authority.

#### INFANT WELFARE CENTRES.

There are two centres available for residents in the district—one at Outwell where two sessions are held monthly, on the first and third Mondays in each month at 2 p.m., and one at Terrington St. Clement with a session at 2 p.m. on the third Tuesday of each month.

#### Section C.

#### SANITARY CIRCUMSTANCES OF THE DISTRICT.

#### WATER SUPPLY.

The district is served with piped water supply to the villages by two Schemes. The Northern area including the villages of Clenchwarton, Terrington St. Clement, Tilney All Saints, Walpole St. Andrew and part Walpole St. Peter is served by the Council's mains from a supply afforded by the King's Lynn Borough Council. The villages of Upwell, Outwell, Emneth, Walsoken, West Walton, Marshland St. James, Tilney St. Lawrence and part of Walpole St. Peter are served by mains controlled by the Wisbech Water Works Co. Where no piped supply is available in the more isolated parts of Parishes, the only supply is rainwater collected from roofs. The number of shallow wells in the district is negligible.

During the year the Minister of Health authorised the work of laying extensions to water mains in the parishes of Clenchwarton, Terrington St. Clement, Walpole St. Andrew, Walpole St. Peter and part of the district known as Central Wingland.

#### SEWAGE DISPOSAL-DRAINAGE AND SEWERAGE.

No public sewers exist. Where an adequate water supply is available many conversions of vaults and pail closets to water closets have occurred with disposal by cesspools and septic tanks. Privy vaults are generally in use by the cottage properties and agricultural dwellings. Cesspools and Privy vaults are emptied by Private Contract. There is no service available to residents for Night Soil Emptying.

### RIVER POLLUTION PREVENTION ACTS.

The whole district is covered and controlled by the two Catchment Boards of the Nene and Ouse.

#### DISINFECTION & DISINFESTATION—BEDDING, ETC.

No facilities are available for the disinfection and disinfestation of clothing and bedding, etc. In exceptionally bad cases, complete destruction would be recommended.

#### ERADICATION OF BED BUGS.

No cases have been reported or found during the year.

#### MOVEABLE DWELLINGS.

No applications were received and no licences issued by the Council under Section 269 of the Public Health Act, 1936.

#### RATS AND MICE (DESTRUCTION) ACT, 1919.

The Council do not employ the services of a Rat Catcher. Cases of infestation, when found or reported, are referred to the County of Norfolk Agricultural Executive Committee who arrange for the necessary disinfestation.

#### PUBLIC CLEANSING.

Dry refuse is collected by the Council fortnightly and all houses except those in isolated places, where disposal can be carried out privately, are served. The number of collections made during the year is estimated to be 80,670.

Roads and streets are controlled by the Norfolk County Council and road cleansing is therefore carried out by the County Council staff.

#### SEASONAL WORKERS.

There are three Agricultural Holiday Camps in the district controlled by the County Agricultural Executive Committee and periodical inspections have been made of these camps during the open season.

There are also privately owned fruit pickers' bunks in the district and these have been periodically inspected and controlled by Byelaws made by the Council. Movable dwellings are also controlled on privately owned land under the Public Health Act, 1936, and are moved within the prescribed period.

#### Section D-HOUSING

During 1948 new Council Housing was completed and occupied in the following parishes:

STANDARD BRICK HOUSES-

Clenchwarton ... 6
Walpole St. Peter ... 8
Upwell ... 13

AIREY CONCRETE HOUSES—

Terrington St. Clement 16 Walpole St. Peter ... 6 Walsoken ... 12

Total 61

Development of estates for permanent houses was commenced in the following parishes:—

Emneth, Outwell, Tilney St. Lawrence, Tilney All Saints and West

Walton.

#### PRIVATE ENTERPRISE.

Two Licences were granted under the Civil Building Regulations for the erection of dwellings by Private Enterprise and one consent was received from the Ministry of Health for dwellings to be erected in conjunction with agricultural holdings under the Housing (Financial and Miscellaneous Provisions) Act, 1946. Twelve dwellings were completed and occupied.

### REQUISITIONED PROPERTIES.

The Council still held 13 properties at the close of the year which were requisitioned during the National Emergency. No other dwellings were requisitioned during the year.

#### REPAIRS AND IMPROVEMENTS.

Owing to restrictions in building operations few major improvements were carried out. In 22 cases privy vaults and pail closets were converted to W.C.'s with cesspools or septic tanks. 279 cases of essential repairs were recommended for licences and the work carried out.

#### Section E.

#### INSPECTION AND SUPERVISION OF FOOD

#### MILK AND DAIRIES ORDER 1926.

All dairies and cowsheds were periodically inspected during the year and in three cases requests were made for improvements, all of which were satisfactorily completed.

#### MILK SAMPLING.

All sampling is carried out by the County Health Department.

#### FOOD PREMISES.

Ten Bakehouses registered in the district were inspected at 6 monthly intervals.

#### MEAT AND FOOD INSPECTION.

All meat is slaughtered at Central Abbatoirs at King's Lynn and Wisbech.

Four investigations were made into cases of alleged unsound food and in all cases it was surrendered voluntarily and condemned, as follows:

Beef, Imported	90 lbs.
Corned Beef	2 tins
Tinned Fruit	2 tins
Bacon	9 lbs.

#### Section F.

## PREVALENCE OF AND CONTROL OVER INFECTIOUS AND OTHER DISEASES

SMALL POX.

No cases were notified.

#### SCARLET FEVER.

Twenty-five Cases were notified during the year as compared with 22 in 1947. Eighteen Cases were treated in the Isolation Hospital at Wisbech. No deaths were assigned to this disease. In all cases dwellings were disinfected.

#### DIPHTHERIA.

It is gratifying to report that **no** cases were reported during 1947. DIPHTHERIA IMMUNISATION.

In order that the good record of the District for freedom from Diphtheria is maintained, it is most essential that there is no flagging off in the effort by the medical profession and the willing co-operation of all parents to secure that all children of the district be immunised against the disease.

Immunisation is carried out chiefly by the Medical practitioners of the District, either at the home, the surgery or at the schools.

The following table shows the estimated number of children immunised during 1948.

Number Immunised since the inception of the Scheme and up to 31st December, 1948.

Child population  $\begin{cases} 0 - 4 \text{ years} \\ 1454 \end{cases}$  5 to 14 years 2400

Total immunised 2724 = 70.8%.

Under the following age groups:

Under 1 1 yr. 2 yrs. 3 yrs. 4 yrs. 5 to 9 yrs. 10 to 14 yrs. 14 177 168 151 177 976 1061

## PUERPERAL PYREXIA.

No cases were notified during the year.

#### PRIMARY PNEUMONIA.

Fourteen Cases were notified as against 10 in 1947. There were 2 deaths. One was an infant under 1 year.

#### MEASLES.

The measles epidemic, which has been widespread throughout the country as a whole, caused 213 cases to be notified as against 188 cases in 1947. The case distribution was fairly evenly spread over the whole district. There were no deaths assigned this disease.

#### ERYSIPELAS.

Three Cases were notified during the year.

#### WHOOPING COUGH.

Thirty-two Cases were notified as against 53 cases in 1947. There were no deaths from this disease.

(7)

## TUBERCULOSIS.

The following table indicates the incidence of Tuberculosis in the District.

	Tuber	culosis all			County rate per		
1948	Male	Female	Total	population M.R.D.	1000 of population		
	12	9	21	1.2	0.73		

## Section D. STATISTICAL TABLES—Table 1

Causes of Death 1948

	Cause of Death			Male	Female	То	otal
1.	Typhoid and Para Typhoid fever	rs					(N.C.)
2.		• •					(N.C.)
3.							(N.C.)
4.	Whooping cough			-	_		(N.C.)
5.				_			(N.C.)
6.	Tuberculosis of respiratory syst	em		4		4	(+)
7.							(—)
8.	Syphilitic diseases				<del></del>		(N.C.)
9.	- G						( <u>—</u> )
10.	Measles					_	(N.C.)
11.	Acute polio-myelitis and p	oolio-					
	encephalitis	• •			apatente de la constante de la		(N.C.)
12.	4			_	1	1	(+)
13.	Cancer of buccal cavity and oeso	ophag	us				
	/	•••	• • •	1		1	(+)
	(6 1)						()
14.	Cancer of stomach and duodenu	m		5	_	5	()
15.	Cancer of breast	• •			2	2	( <del></del> )
16.	Cancer of all other sites	••		8	10	18	()
17.	Diabetes	• •		1	1	2	()
18.	Intra-cranial vascular lesions .			7	8	15	()
19.	Heart disease			18	23	41	(—)
20.	Other diseases of circulatory sys	stem	• • •	2	5	7	(+)
21.	D 1-141-			4	3	7	(+)
22.	Pneumonia			_	2	2	()
23.	Other respiratory diseases		• • •		1	1	()
24.	Ulcer of stomach or duodenum.			1		1	(—)
25.	Diarrhœa under 2 years	• • •					()
26.	Appendicitis		• • •	_			()
27,	Other digestive diseases	• • •		1	2	3	(+)
28.	Nephritis	• • •		2	1	3	()
29.	Puerperal and post abortive sep	ois	• • •		_ `	_	(—)
30.	Other maternal causes	• • •	• • •				()
31.		• • •		1	1	2	(N.C.)
32.	Congenital malformations, birth	injui	î y				
	and infantile diseases	• • •	• • •	2	2	4	()
33.	Suicide	• • •		1		1	()
34.	Road Traffic accidents	• • •		1	_	1	()
35.	Other violent causes	• • •		1		1	()
36.	All other causes	• • •	• • •	3	4	7	()
	Note: (—) denotes decrease on	1947				-	
	figures.	. 1011		63	66	1	129
	(+) denotes increase on	1047				1	

figures.

## CAUSES OF DEATH OF CHILDREN UNDER 1 YEAR—1948

Table 2

	CAUSES OF DEATH			Total				
			1	-2	<u>- 3</u>	4	5—52	
1.	Congenital malformations	•••	3	1				4
2.	Disease of early infancy	: '	ſ					
	Congenital debility and icter Premature birth Injury at birth Atelectasis Others	us	1 - -	— — —			1 - -	
3.	Diseases of respiratory syste	m		_	—		1	1
4.	Diseases of digestive system				—			
5.	Diseases of nervous system	• • •		_				_
6.	Tubercular diseases				_			_
7.	Infectious diseases							_
8.	Syphilis	• • •				_		_
9.	Overlaying	• • •		_	-	-	_	
10.	Other violence	• • •		-	_			
11.	All other causes	• • •		_	_	_		_
	Totals	•••	4	1	_		2	7

## NEW CASES OF AND DEATHS FROM TUBERCULOSIS—1948—Table 3

AGE		NEW	CASES		DEATHS				
PERIODS	Respi	ratory	Non Res	spiratory	Respi	ratory	Non Re	spiratory	
	Male	Female	Male	Female	Male	Female	Male	Female	
- 1	1							_	
— 5									
—15		3	1	2	1			_	
<b>—25</b>	3	_			2				
<del>-35</del>	2		_	2	1			_	
<del>45</del>	1		1	1		<u> </u>			
—55				_			_		
<del></del> 65	1	1			_				
and over	1		11						
TOTALS	9	4	3	5	4	Nil	Nil	Nil	

## NOTIFIABLE INFECTIOUS DISEASES—Table 4

Notification in Age Groups

	G - 1															
			AGES											12	to al	18
DISEASE		Under 1	<u>-1</u>	_2	-3	4	<u>-5</u>	_10	15	<u>20</u>	—35	<del>45</del>	—65 & over	Total	Remove to Hospital	Deaths
Scarlet Fever				3	2	2	15	2	_	1				25	18	
Diphtheria																
Measles		10	11	29	28	24	108	3				—		213	_	
Whooping														*		
Cough		2	3	1	2	6	17			1				32		—
			-			_					_	2	1	3		
Pneumonia		_	-	1			2	1	2	3	2	2	1	14		2
Puerperal														,,		
Pyrexia	• • •		_	-												
Enteric Fever	• • •		_		_			_		1				1		
Encephalitis																
Lethargica	-			_	_	-				_		1	_	1	_	_
Infective							1									
Jaundice	• • • !	_	_	-	_		1	_	2	_	_			3	_	_
Acute Polio-							1									
Myelitis	• • •					-										
TOTALS		12	14	34	32	32	143	6	4	6	2	5	2	292	18	2

## MONTHLY INCIDENCE OF NOTIFIABLE DISEASES—1948.—Table 5

(other than Tuberculosis).

DISEASE	Jan.	Feb.	Mar.	Apr,	May	June	July	Aug.	Sep.	Oct.	Nov.	Dec.	Totals
Scarlet Fever			1	2	1	1	7	4	3	1	4	1	25
Measles	. 29	4		28	31	30	9	2	20	25	13	22	213
Whooping													
Cough		4	3	7	16	1	1		1				32
Pneumonia			4	2	1	1	1			3	1	1	14
Erysipelas			2								1		3
Puerperal													
Pyrexia													
Enteric Fever			1				1						1
Infective								1					
Jaundice							1		1	,	1		3
Encephalitis		′											
Lethargica	1								1				1
Acute Polio-													
Mvelitis							-		1				
TOTALS	30	8	11	39	49	33	18	6	25	29	20	24	292

(10)

## SANITARY INSPECTION OF THE AREA.

INFECTI	OUS DISEASES.			
	Inspections made			28
	Number of rooms disinfected	¢ *		22
NUISANO	CES.			
	Inspections made			112
	Notices served			
	Nuisances abated			
NEW BU	ILDINGS.			
	Inspections made			71
	Number of new dwellings			, 1
	during the year			12
SCHOOLS	5.			
	Inspections made		• • •	24
WATER :	SUPPLY.			
	Inspections made		• • •	225
	New connections (domestic)			
	New connections (trade)			
KNACKE	RS YARDS.			
	Licences granted		• • •	1
FACTORI	ES, WORKSHOPS AND	WOI	RKPLA	CES
	Inspections made			44
	Number of written notices			
	Prosecutions			
DAIRIES	AND COWSHEDS.			
	Number registered			41
	Number of inspections			
	Number on which improvem			
	requested and carried ou	t		3

## HOUSING STATISTICS FOR THE YEAR 1948.

1.	INSPECTION OF DWELLINGHOUSES DURING THE YEAR.	
	<ul> <li>(1) (a) Total Number of dwellings inspected for housing defects (under the Public Health and Housing Act 1936)</li> <li>(b) Number of inspections made for the purpose</li> </ul>	92 106
	(2) Number of dwellings found to be in a state so dangerous or injurious to health as to be unfit for human habitation Number of dwellings found not to be in all respects reasonably fit for human habitation	Nil 24
2.	REMEDY OF DEFECTS DURING THE YEAR WITHOUT SERVICE OF FORMAL NOTICE.	
	Number of defective dwellinghouses rendered fit in consequence of informal action by local authority or their officers	59
3.	ACTION UNDER STATUTORY POWERS DURING THE YEAR.	
	(a) Proceedings under appropriate sections of the Housing Act, 1936:—	
	<ul> <li>(1) Number of dwellings in respect of which notices were served requiring repairs</li> <li>(2) Number of dwellings which were rendered fit after service of formal notice:</li> <li>(a) by owners</li> </ul>	Nil Nil
	(b) by Local Authority in default of owners	Nil
	(b) Proceedings under Public Health Acts:—  (1) Number of dwellings in respect of which notices were served requiring defects to be	
	remedied	Nil
*	(a) by owners (b) by Local Authority in default of owners	Nil Nil
	(c) Proceedings under Sections 11 and 25 of the Housing Act, 1936:—	. 11
	(1) Number of dwellinghouses in respect of which Demolition Orders were made	Nil
	(2) Number of dwellinghouses demolished in pursuance of Demolition Orders	Nil



